



Resident Birthdays

Loice Free 8/19 Yvonne Bennet 8/25
Tom Brantley 8/27

STAFF BIRTHDAYS

Vivian Hamilton 8/8 Eric Woods 8/10
Chamekia Edwards 8/13
Robrisha Robinson 8/13
Barbara Kimble 8/14



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We would like to say "Thank You!" to:

Lighthouse Ministries	Kiwi
Bro. Dale Oden	Bro. Harold Henderson
Kristy and Princeton Place	Randy Waggoner
Mrs. Bea Woods	Henry Roane and Best
David Butler	Eric Brazzel and the Ruston Fire Dept
Heather w/ Haven Home Health	
Stephanie with Premiere	
Deedee Laye w/ Kindred	

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up with us!



The Arbor Affair

*The Arbor and Terrace
of Ruston*

An Assisted Living Retirement Community and
a Special Community for Alzheimer's and Dementia

AUGUST 2018

∞
Muriel Ryder
Administrative Director

∞
Connie Kennedy, RN
Wellness Coordinator

∞
Tammy Stevens
Payroll & Bookkeeping

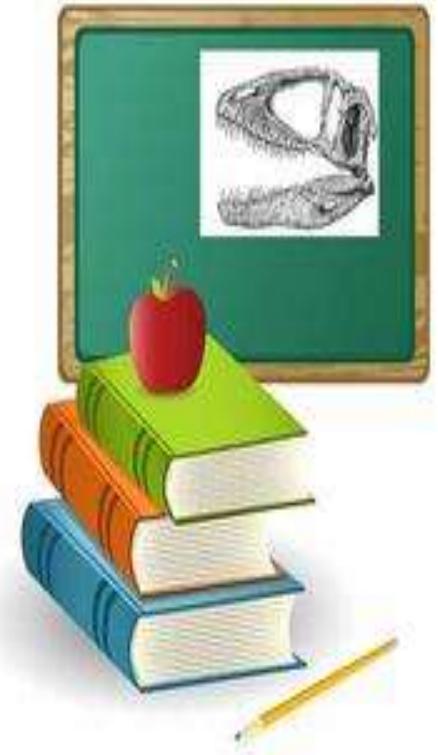
∞
Stacy Scheer
Life Enrichment Coordinator

∞
Vivian Hamilton
Administrative Assistant

∞
Mahin Shabazi
Dietary Supervisor

∞
Roy Nelson
Maintenance

∞

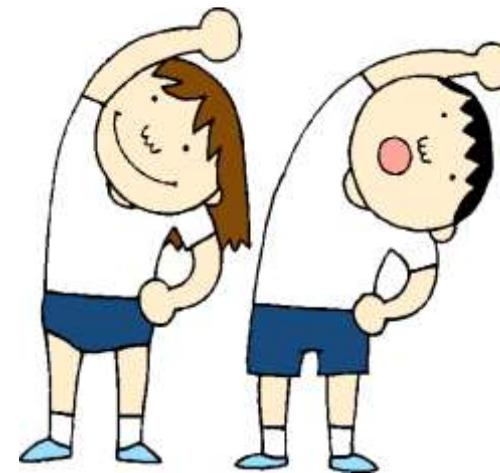


4518 Hwy 80 East • Ruston, LA 71270
318-251-3116 www.arborandterraceofruston.com

Our resident of the month is Jean Hays.... Ms. Jean was born on September 24th near Oxford Mississippi in a little town call Lafayette Springs. This little place no longer exists. She came into this world with a younger brother who arrived 15 minutes after. Her dad was a Baptist preacher, and they moved every 4/5 year but they stayed in the same area. Ms. Jean enjoyed playing outside with her brother. She loved riding her bike and roller skating. She says she had a lot of banged up knees. She graduated from high school in Vardamon, Mississippi. While in high school, she enjoyed being in the choir. After high school, she went to a Baptist girls school called Blue Mountain College. She graduated and moved to teach school in Gulf Port, Mississippi. She met her husband, Bill, after she moved . He was working as a salesman for a cement company. They got married in 1961 and then moved to Ruston because he found a job. They had their first child, Muriel.... We know her here and love her a lot!! She had 3 other children, Edward, Elizabeth, and Brian. When she first moved to Ruston, she worked at Temple Baptist Church, but then decided to stay home to raise kids. Her favorite thing about raising kids was reading to them. She treasured the daily things that she was able to do with her "lively crew." She remembers quoting scripture to 2 of them because they didn't get along. She really enjoyed sewing for her children, and sewing is still one of her hobbies. She has 14 grandchildren. Her favorite thing about being a grandmother is discovering each of their personalities and doing things for them individually. She really misses cooking cookies for each of them for their birthday and sending it to them. She loves her time at the Arbor. Her favorite thing is getting to know the other residents and the fellowship she has.



It's time for school to start!! We will be having a school supply drive to donate to DART. If you would like to donate money, I can pick up the items, you can go to Wal-Mart with Vivian on Monday, or get them yourself. We will do this the whole month of August. Thank you for your help!



We have a really good time in yoga each morning. You don't have to be really good at it, we are all learning as we go! Please join us to see if you like it!

We had our evacuation drill and it was a huge success! Big THANKS to Eric Brazzel, who brought his team and helped us learn the steps we need to take for safety in case we ever evacuate.



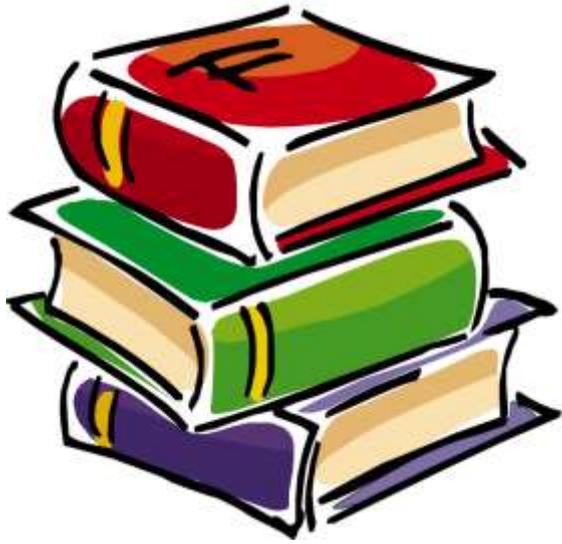
When we learned of a group of soldiers in boot camp that had not received any mail, we knew we had to take action. We wrote cards and sent words of encouragement to this group of new soldiers in boot camp.



It's important to stay active! Please join us in the activity for games. There's nothing that does a soul better than laughter and we LAUGH A LOT! Please join us just once! We think you'll like it!

We planted lots of vegetables earlier in the Spring! My goodness how the garden grew! Our squash didn't make it, and we had one watermelon casualty, but the beautiful green and red in the cucumber, tomatoes, and watermelon is BEAUTIFUL! We have enjoyed these with our meals. We also have herbs in the herb garden that the kitchen uses.





Poems in the Library

We had such a good time hearing original poems and even published ones. Write a poem and come share!

RESIDENT COUNCIL MEETING

Everyone is invited to be a part of our Resident Council. This is a time where we share compliments for areas of improvement. Come share a **time of fellowship! It's not all business, we do some laughing, too!**



A youth organization in Shreveport, Louisiana has opened up their doors this summer for a group of kids to have some fun! They have spent their time learning life skills, learning about music, learning about art, and looking at how they can reach their goals in life. When they called The Arbor and Terrace to see if they could come visit, we did not hesitate. Kids of all ages came in and we enjoyed hearing them sing. Some of them had not ever traveled outside of their neighborhood. They began their day with us, and ended their day touring Louisiana Tech and Grambling. We hope that our tiny part of their journey was one they will carry with them.



August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9:15 Yoga 3:00 Bro. Harold	2 9:15 Yoga 2:00 Bingo w/ Kristy	3 9:15 Yoga 10:00 Arbor Angels 2:00 Randy Waggoner	4 9:30 Ms. Bea
5 8:00 Lighthouse Ministries	6 10:00 Yog1 2:00 Map Your Life– add some pins to our map	7 9:15 Yoga 10:00 Bro. Dale 2:00 Paul Ford	8 9:15 Yoga 2:00 Bingo 3:00 Bro. Harold	9 9:15 Yoga 10:00 Making Pickles 2:00 David Butler plays the sax	10 9:15 Yoga 11:00 Movie at Celebrity Theatre 2:00 Bingo	11 9:30 Ms. Bea
12	13 10:0 Yoga 2:00 Singing with Mr. Napper	14 9:15 Yoga 10:00 Bro. Dale 2:00 Bingo w/Henry	15 9:15 Yoga 2:00 Bingo 3:00 Bro. Harold	16 9:15 Yoga 2:00 Who said it??	17 9:15 Yoga 2:00 Bingo	18 9:30 Ms. Bea
19 8:00 Lighthouse Ministries	20 10:00 Yoga 2:00 Truth or Lie game	21 9:15 Yoga 10:00 Bro. Dale 2:00 Bingo	22 9:15 Yog1 2:00 Ice Cream at the Peach Shed 3:00 Bro. Harold	23 9:15 Yoga 2:00 Bingo	24 9:15 Yoga 10:00 Community Service Project 2:00 Nail Care	25 9:30 Ms. Bea
26	27 10:00 Yoga 2:00 Bingo	28 9:15 Yoga 10:00 Bro. Dale 2:00 Birthday Celebration	29 9:00 BP with Heather 2:00 Come share poetry with us 3:00 Bro. Harold	30 9:15 Yoga 10:00 Bingo 2:00 Resident Council Meeting	31 9:15 Yoga 2:00 Wine and Cheese with Stephanie	